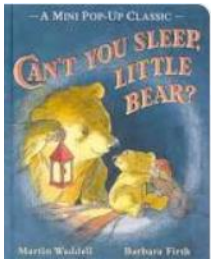
St Peter's CE Primary and Nursery School

Foundation Stage Home Learning

Spring term – Tell Me A Story

Focus – Light and dark

https://www.youtube.com/watch?v=u1aJimzuzbg 'Can't you sleep little bear?'





Week 3 – 25th January 2021

Area of the curriculum	Learning intentions	Activities and opportunities	Examples of vocabulary to develop
Physical Development	Use one-handed tools and equipment e.g. scissors / playdough safely and to make changes to materials.	Have you got some playdough available? If not there's a simple recipe at the bottom of the page. This week it's all about exercising those hands, wrists and arms. Are you ready? Exercising our fingers helps to improve our 'fine motor skills' which means that we can develop our control and movement with our fingers. Leading to an improvement in pencil grip, building, picking up and placing, turning pages of books and many other skills. **Day 1** Use your playdough and copy the actions in these videos. https://www.youtube.com/watch?v=BOLR3pQt8zg I like to … dough activity https://www.youtube.com/watch?v=o9D5lfqZF3o Down in the jungle dough activity If you would like more of these have a look at 'dough disco' on youtube. (Spread the happiness TV has a number of videos on youtube kids by a very enthusiastic and passionate teacher called Shonette Bason). **Day 2** With your playdough, can you use tools such as a rolling pin, cutters, scissors or pattern making equipment such as a fork / masher? **Day 3** Cutting skills – have a go at cutting different materials such leaves, paper, grass, tissue paper. What happens to the material? Which one was the easiest to cut? Which one was the most difficult? How could you improve this? Can you make snips / cut in a line or cut out a shape?	Fine motor movement, gross motor movement, exercise, control, move, reach, press, pinch, squeeze, squash, pat, splat, roll, cut, snip, open, closed, tools, skills,
Understanding the world	Talk about why things happen and how things work. Looks closely at similarities, differences and change.	***Investigate light and dark –*** • Go on a light hunt either around your house and garden or on a local walk. Where are there types of light to help us? Can you remember them? Maybe draw pictures or take photos as you go around and have a chat about them. • Talk about different ways in which we have light (see additional sheet at the end of the plan) Answer the questions on the sheet. • When is it light / dark? How do we know? What are the clues that we can find? What happens when it is dark? Think about routine at home, animals in the wild, the sky etc What happens when it is light? What can we see, what do we do? Record your ideas; pictures, painting, photographs, video	Light, dark, types of light, same, different, change, changed, shadow, torch, lamp, light, lightbulb, headlights, help, see, sight, look, investigate, talk, explore, describe, why, when, what, how, which

		• Make a dark den and ask to borrow a torch, what happens now? Have a look at some books in your den. • Make shadows – outside (if it's a sunny day) or with torches / lights, create shadow puppets, on a large piece of paper build a model / place your dinosaurs or animals and draw around the shadow, investigate your own shadow either outside or on a wall.	
Mathematics	Count forwards and backwards within the number sequence 1 to 5 (extend with one more than / one less than)	**<u>Day 1</u>** Sing number rhymes where you may need to increase the number eg 1,2,3,4,5 once I caught a fish… or count backwards from 5 eg 5 little ducks went swimming, 5 currant buns in a bakers shop, 5 little speckled frogs. Use objects to represent the items in the number rhyme, move them around as you count aloud. https://www.youtube.com/watch?v=HsJl-oJ7TJ0 https://www.youtube.com/watch?v=iyIDg6m4gA0 https://www.youtube.com/watch?v=YbCqv2dY-QY (there are lots of videos on youtube to help you with these rhymes) **<u>Day 2</u>** use building blocks or duplo to make towers of given numbers. Put them in the correct order forwards and backwards. Talk about which one has the most / least, which one is more than / less than? What is the different between? Make another tower which is the same size. Play a game with adult / sibling where you have your towers under a cloth / teatowel and you have to guess which one is missing from the group. **<u>Day 3</u>** Have a go at playing some of these games on Busy Things. Then you could have an exercise session with your family, how many … can you do? Count how many …… your family can do. 	Count, numbers, 1, 2, 3, 4, 5, more than, less than, most, least, forwards, backwards, stop, how many, same, order,
Phonics		 **Busy things** https://www.busythings.co.uk/ username: dizzy password: peter Within the Early Years / Nursery area there is a choice of activities to explore. Follow 'Literacy, Communication and Language' and this will take you to phonics programmes 'Phase 1 sound discrimination' where you will find lots of fun listening / sound games. Take a look at phase 2 sounds to play sound games for the letters of the alphabet. **<u>Read, Write INC (Phonics programme)</u>** Set 1 Speed Sounds (10min) https://www.youtube.com/c/RuthMiskinTrainingEdu	Letters, sounds, alphabet, listen, concentrate, loud, quiet, fast, slow, high, low, noise, talk, real life sounds, musical instruments, direction, hear

		Letters and Sounds Phase 1 – *Instrumental Sounds* ***Sleeping Giant game*** Collect some keys or a noisy toy / instrument such as bells or rattle and something to make a blindfold / mask. The giant needs to sit on a chair with the blindfold on and the keys / noisy toy / instrument need to be placed under the chair. The other players start on the other side of the room and quietly have to try to get the keys / toy before the giant calls out ' I can hear you' and pointing in the direction of the sound. If the giant is correct another player has a go. ***What's that sound?*** Collect a group of objects from around the house that make a noise such as; Explore the sounds together and talk about the sounds made / loud / quiet/ fast / slow. Adult / sibling to sit away from the child and hiding the objects behind something or under a cloth, make a sound and the child must guess which object it is. Encourage your child to say this rhyme before you play: *What's that sound?* *What could it be?* *What's that sound?* *Listen carefully* 	
Literacy	Recognise my own name	**Day 1 Adult –** write your child's name on a piece of paper using lower case letters (eg B-e-n rather than in capitals B-E-N) along with other names in your family. Ask your child to recognise their name and talk about it. Write the letters in their name onto individual slips of paper and then hide them around the room / house. Encourage your child to find all of the letters by using their namecard to help them recognise which letters they have and how many. **Day 2** Adult / sibling - write your child's name large on a piece of paper then give your child a torch to air write name or create anti clockwise circles / vertical lines **Day 3 –** Practise writing name / mark making in different ways for example sprinkle some flour on a tray and use fingers to make patterns / form letters, when in the bath practise writing in the bubbles, water painting with a paint brush or make your own natural brush eg a leaf taped to a stick, a stick in some soil. The possibilities are endless! We're going on a Bear Hunt – Signed story https://www.youtube.com/watch?v=0CuCCI0YO6Y	Word, letters, squiggles, sounds, alphabet, anti clockwise circles, vertical lines, name, mark making,
Busy Time		During 'Busy Time', the children plan, do and review their learning. Learning through play is a process whereby the children plan what they want to do, make their own choices and select their own activities. A big part of this is one of our key Nursery rules 'CHOOSE IT, USE IT, PUT IT AWAY!' Have a go at using this with your child so that they learn to put toys and equipment away as they are move from one focus to another. ☺ Some theme related ideas for you: Design / make baby bear a light. It could be a torch or bedside lamp. Draw / paint / make it using junk modelling	

	Draw / paint a daytime or night time picture Build a den for your teddy bear Write a letter to little bear, helping him to be brave Act out / retell the story of 'Can't you sleep little bear?'	

Easy Playdough

Makes 1 coloured ball

Prep 10 minutes

You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh.