ST. PETER'S CE PRIMARY SCHOOL Year 4 – Sikhism

What I will know by the end of the theme?

Main Belief

Sikhs believe that: · there is only one God; God cannot be described as either male nor female;

- God is both sargun and nirgun;
- God created the world and created people to know the difference between right and wrong;
- images of God are forbidden as is worshipping them;
- all people are equal.

The Sri Harmandir Sahib is also known as the Golden Temple. It is located in Amritsar, India. Its doors open from all sides to welcome people of all faiths



There were ten Gurus who spread God's message: Guru Nanak, Guru Angad, Guru Amar Das, Guru Ram Das, Guru Arjan, Guru Hargobind, Guru Har Rai, Guru Harkrishan, Guru Tegh Bahadur and Guru Gobind Singh.



Vocabulary	Definition
Sikh	Someone who follows Sikhism
Guru	Spiritual teacher
Guru Nanak	The founder of Sikhism
Gurdwara	A Sikh place of worship The word gurdwara means 'door to the Guru'. People from all religions are welcome inside them
Guru Granth Sahib	The Sikh holy text
Sargun	The belief that God is everywhere and in everything
Nirgun	The belief that God is above and beyond everything.
Nam Japna	The duty of keeping God in mind at all times.
Kirt Karna	The duty of earning an honest living and avoiding crime, begging and gambling.
Vand Chhakna	The duty of giving to charity and caring for others
Shabads	Sacred hymns in the Guru Granth Sahib
langar	means free kitchen.



Key Facts

Sikhism One of the world's main religions.

God is referred to by many names, including: · Waheguru (Wonderful Teacher); · Sath Nam (Eternal Reality); · Akal Purakh (Eternal One)

The Khanda is the main symbol of Sikhism. The Ik Onkar means 'there is only one God



Sikhs worship both in public and in private. Sikhs worship together in the gurdwara.

Shoes must be removed and hair covered before entering the main prayer hall to worship. Men and women sit crosslegged on opposite sides, facing the Guru Granth Sahib.

The 5 Ks

Kesh: Sikhs leave hair uncut to show obedience to God.

Kangha: A wooden comb that helps Sikhs to keep their hair in place.

Kara: A steel bangle that reminds Sikhs to behave well.

Kachera: These are shorts worn as underwear.

Kirpan: A tiny sword worn by Sikhs

	Langar foods	